

## Email Links for Staff Leads

[Amanda Honsey](#)

[Derek Schiebel](#)

[Emily Carr](#)

[Keagan Angevin](#)

[Kelly Monicatti](#)

[Taylor Downey](#)

### SOMN 2025 Competition Deadlines (January-April)

\*Quota and registration windows will close at the end of the day of the dates listed.

SOMN Staff Lead	Date	Competition	Location	Quota Due*	Registration Due*	Errors & Exceptions Due
Keagan	January 25-26	Metro Poly Hockey	Golden Valley	December 15	January 5	January 13
Taylor	February 1	Metro Snowshoe	Orono	December 22	January 12	January 20
Amanda	February 15	Alpine/Snowboard Qualifier	Taylor Falls	January 5	January 26	February 3
Derek	March 2	State Snowshoe	Taylor Falls	January 12	February 2	February 10
Amanda	March 2	State Alpine/Snowboard	Taylor Falls	January 12	February 2	February 17
Amanda	March 8	State Powerlifting	Stillwater	January 19	February 9	February 17
Keagan	March 8-9	State Poly Hockey	Stillwater	January 19	February 9	February 17
Derek	April 5	West Swimming	Collegeville	February 23	March 16	March 24
Kelly	April 6	South Swimming	Rochester	February 23	March 16	March 24
Keagan	April 12	South Basketball	St. Peter	March 2	March 23	March 31
Amanda	April 13	Metro Swimming – West	Eden Prairie	March 2	March 23	March 31
Emily	April 17	West Basketball	Fergus Falls	March 9	March 30	April 7
Derek	April 19	Metro Basketball – South	Prior Lake	March 9	March 30	April 7
Derek	April 26	Metro Basketball – North	Rogers	March 16	April 6	April 14
Keagan	April 26	Metro Swimming – East	St. Paul	March 16	April 6	April 14
Amanda	April 27	Metro Basketball – East	White Bear Lake	March 16	April 6	April 14

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[Zak Armstrong](#)

### SOMN 2025 Competition Deadlines (May-June)

\*Quota and registration windows will close at the end of the day of the dates listed.

SOMN Staff Lead	Date	Competition	Location	Quota Due*	Registration Due*	Errors & Exceptions Due
Amanda	May 3	North Swimming	Bemidji	March 23	April 13	April 21
Keagan	May 3	Southwest Track	Redwood Falls	March 23	April 13	April 21
Amanda	May 4	North Basketball	Hibbing	March 23	April 13	April 21
Kelly	May 10	West Track	Cold Spring	March 30	April 20	April 28
Derek	May 10	Metro Track – South	Apple Valley	March 30	April 20	April 28
Amanda	May 11	Southeast Track	Rochester	March 30	April 20	April 28
Derek	May 16	Northwest Track	Detroit Lakes	April 6	April 27	May 5
Keagan	May 17	North Track	Grand Rapids	April 6	April 27	May 5
Emily	May 17	Metro Track – North	White Bear Lake	April 6	April 27	May 5
Keagan	June 7	State Basketball (Skills and Unified Full Court)	Shakopee	April 20	May 11	May 19
Keagan	June 20-22	State Basketball (Traditional Full Court and Half Court)	Minneapolis	May 4	May 26	June 2
Zak	June 20-22	State Track & Field	Minneapolis	May 4	May 26	June 2
Derek	June 21	State Gymnastics	Minneapolis	May 4	May 26	June 2
Amanda	June 21-22	State Swimming	Minneapolis	May 4	May 26	June 2