

Cornhole (Bags)

Official rules for Cornhole can be found through the American Cornhole Association at <https://www.playcornhole.org/pages/rules>. If Cornhole becomes an official sport of Special Olympics Minnesota, an SOMN handbook will be created. For now, here are some ideas to help your delegation get started.

Equipment

- (2) Boards – 2 feet by 4 feet, with a 6-inch diameter hole
- (8) Bags – 6 inches by 6 inches, should weigh between 15-17 ounces

Setup

- The two boards can be placed however far apart based on skill level.
 - Suggestions for distance from front of boards are 15 feet (beginner), 20 feet (intermediate), and 27 feet (advanced).
- Foul lines should be marked on the ground parallel to the front of each board.
- The pitcher's box is the area from which athletes will throw from. This is typically 3 feet by 4 feet area to each side of the boards.

How to Play

- Matches are broken down into innings of play. During an inning of play, each player must pitch all four of their bags. The two players will alternate throws.
 - In singles, each player throws 4 bags, then walks to the end of their lane to the other board, takes score, and repeats going the other direction.
 - In doubles, pairs will be split between the two boards, in the same lane. Each player will throw 4 bags, then each partner will throw the other direction.
- The player/team who scored in the preceding inning will pitch first in the next inning. If neither player/team scores, whoever pitched first the frame prior will pitch first again.

Scoring

- Matches are typically played to 21 points, with the first player/team to reach (or exceed) that amount at the conclusion of an inning is the winner.
- 1 point will be awarded for any bag which comes to rest anywhere on top of the board.
- 3 points will be awarded for any bag which is thrown through the hole or knocked through the hole by another bag.
- The cancellation scoring method is the most common in cornhole.
 - In cancellation scoring, the points of one player cancel out the points of their opponent. Using this method, only one player/team can score in each inning.
 - For example, Team A scoring 4 points and Team B scoring 1 point in an inning would result in 3 game points for Team A.

Possible Events

- Singles
- Doubles
- Unified Doubles
- Team Matchplay (more information on ACA website)