

CHAMPIONS

TOGETHER

A VIRTUAL EVENT TO SUPPORT SPECIAL OLYMPICS MINNESOTA

OCT 22 | 7:00 PM



**Special
Olympics**
Minnesota



CHAMPIONS

TOGETHER

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USE THIS LINK TO TUNE IN ON THURSDAY OCT. 22!



ve.ahgive.com/ve/S83QQG56/

YOUR SUPPORT MEANS THE WORLD TO US, NOW MORE THAN EVER.

Thank you for RSVPing for *Champions Together*. We can't wait to spend an evening with you, even if it is virtually.

Many of us have been experiencing feelings of isolation and loneliness during this age of social distancing. Unfortunately, these feelings are all too familiar to our athletes. Throughout history, our athletes have battled the obstacles of isolation, discrimination and exclusion. Now, people with intellectual disabilities are one of the populations that is most vulnerable to COVID-19 and are facing even more isolation than usual.

Improving the health and lives of individuals with intellectual disabilities has long been the mission of Special Olympics Minnesota and today, that mission is more important than ever.

This event is your opportunity to join us in celebrating how far we've come and how resilient and brave our athletes are. It is also a time to hear of our organization's critical needs and to support our work financially.

With awesome giveaways throughout the evening and guest appearances from some familiar faces this will be a fun event for the whole family!

We can't wait to see you there!



Dave Dorn, President & CEO of Special Olympics Minnesota



EVENT OVERVIEW

6:45 PM – 7:00 PM PRE-PROGRAM

Grab a snack, get comfy and get ready for a great night with Special Olympics Minnesota! Use this time to log in to Auction Harmony, our event platform, test your audio and get ready for the event to begin.

7:00 PM – 7:35 PM PROGRAM

Special Olympics Minnesota athlete Patrick Moffatt and his Unified Partner and sister Megan Moffatt will be your hosts for the evening, along with FOX 9's Ian Leonard!

We'll celebrate how far Special Olympics has come in 52 years and showcase the resilience and strength of our athletes.

Hear from Special Olympics Minnesota's CEO Dave Dorn and other leaders in the movement about the state of the organization and be invited to give in support of our mission of inclusion.

MEET YOUR HOSTS



Patrick and Megan Moffatt | SOMN Unified Pair

Megan and Patrick have made it their mission to carry on their sister's legacy by becoming Unified leaders and advocates for Special Olympics Minnesota. You'll hear more about their inspiring story during the event!



Ian Leonard | Chief Meteorologist for Fox 9

Ian Leonard is a long-time champion and supporter of Special Olympics Minnesota. You can find him "freezin' for a reason" on most winter weekends taking the Polar Plunge into lakes across Minnesota. Ian has Plunged hundreds of times and has helped raise millions of dollars for Special Olympics Minnesota.

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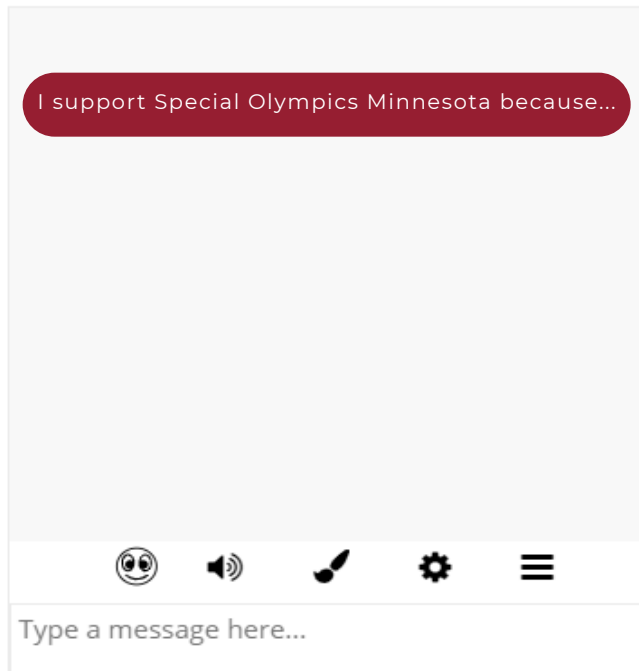


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EVENT GIVEAWAYS

Throughout the event, we'll be giving away three awesome prizes! If you want a chance to win, all you have to do is [tune in to the event](#) on Thursday night at 7:00 PM, and share in the chat why you support Special Olympics Minnesota. That's it! We'll pick three random winners at the end of the evening and notify them via email!

When you log in to the event, you'll see this chat box.



Anytime throughout the event, use the prompt: "I support Special Olympics Minnesota because..." to share your answer. Answers must be submitted by 8:00 PM CT on Thursday, October 22 for a chance to win. Only one answer per person will be counted.

PRIZE 1

AIRPOD PROS

Valued at \$250, Apple AirPods Pros are designed to deliver noise cancellation and all-day comfort. Great to wear while you do our virtual activities at home!

PRIZE 2

SOMN BUNDLE

Valued at over \$100, you'll get eight unique items designed by an artist specially for Special Olympics Minnesota!



PRIZE 3

WINTER FUN BUNDLE

Winter is coming but we're ready! Valued at over \$150, the Winter Fun Bundle includes a travel mug, hot cocoa, an SOMN winter hat, premium lightweight snowshoes and a year-long state park pass so you can get out and enjoy the winter!

THE IMPACT OF YOUR DONATION

During the event you will hear more about how your donation will ensure Minnesotans with intellectual disabilities have access to programs they need and deserve. It's been a challenging year, and we appreciate everyone who has stepped up to support SOMN. If you're in a position to give, we welcome donations of any amount with open arms and grateful hearts. ***Anyone who gives \$150 or more will receive a limited edition travel mug and SOMN sticker as a thank-you!***

\$10

Provides a hearing screening and hearing aids to an athlete.

\$20

Provides physical therapy screening and stretch/exercise coaching to an athlete.

\$60

Provides an eye examination and a pair of glasses to two athletes.

\$100

Sends a Unified Pair to SOMN's Leadership University.

\$150

Make an impact + receive a limited edition SOMN travel mug!

Anyone who donates \$150 or more during our event will receive a limited edition travel mug* and a clear SOMN sticker as a thank-you!

**Mug color will vary depending on availability*



\$250

Implements a campaign to inspire kindness and respect into a school, business or organization.

\$500

Provides funding to start a new Special Olympics Minnesota delegation.

\$1,250

Sends an athlete to Special Olympics USA Games.

SNACKS FIT FOR A CHAMPION

What's an event without great food? We have two delicious recipes that are perfect for a cozy night in with Special Olympics Minnesota and they're both from our very own athletes!

Apple Dip

Ingredients

2 8oz packages of cream cheese
2 cups brown sugar
1 tsp vanilla
1 cup unsalted peanuts, chopped



Instructions

Mix cream cheese and brown sugar together until well incorporated. Then mix in vanilla and chopped peanuts. Peel and slice apples and dip!

This recipe is provided by Abby Pearson.

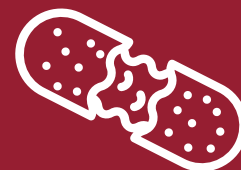
In her 15 years with Special Olympics Minnesota, Abby has tried it all. She has participated in poly hockey, bocce, powerlifting, swimming, track and field, bowling, Athlete Leadership Programs, and she helps out with fundraising events like the Polar Plunge. Abby also works in the SOMN state office as a Program Assistant.

Abby's favorite part of her involvement with Special Olympics is seeing her friends and competing alongside them.

Though COVID-19 has put a halt to in-person competitions, Abby is staying healthy at home. From Zoom yoga classes to virtual games with friends, she is keeping busy but can't wait to compete at an SOMN event again soon.



Healthier Baked Mozzarella Sticks



Ingredients

12 sticks part-skim mozzarella string cheese	2 tsp parmesan cheese
1 large egg	1 tbsp dried parsley
2 tbsp flour	olive oil cooking spray
5 tbsp Italian seasoned breadcrumbs	marinara sauce for dipping
5 tbsp panko crumbs	

Instructions

1. Cut each string cheese in half and put in the freezer until frozen.
2. In small bowl, whisk the egg. Place the flour in another small dish.
3. In separate bowl, combine bread crumbs, panko, parmesan cheese and dried parsley.
4. Dip the frozen cheese in flour, shaking off excess, then into the egg, then into the crumbs until coated. Repeat this process with the remaining cheese placing them on a tray with wax paper.
6. Place cheese back into the freezer at least 1 hour until ready to bake (this is a MUST or they will melt before the crumbs get golden).
7. When ready to bake, preheat oven to 400° F.
8. Line a baking sheet with aluminum foil and lightly spray with oil. Place frozen cheese sticks on baking sheet. Spray the tops of the mozzarella sticks with a little more oil and bake in the bottom third of your oven about 5 to 6 minutes.
9. Turn baking sheet and bake an additional 5 to 6 minutes watching them closely so they don't melt.

This recipe is provided by Nell Coonen-Korte.

Nell has been involved with Special Olympics Minnesota for over 15 years. She participates in swimming, powerlifting, bowling, bocce, the Polar Plunge and the annual Plane Pull. She is also a Global Messenger, representing Special Olympics as a public speaker at both the state and national levels. Nell also works in the SOMN State Office as a Program Assistant.

Nell loves being involved in a wide variety of activities, but her favorite part of SOMN is that she has a place to use her voice for good. Through her speaking and advocacy she is helping to change our communities, and the world, for the better.

While at home due to COVID-19, Nell is taking advantage of the virtual programming that SOMN is offering. Some of her favorite activities have been virtual Zumba, dance, bingo and athlete social hours.

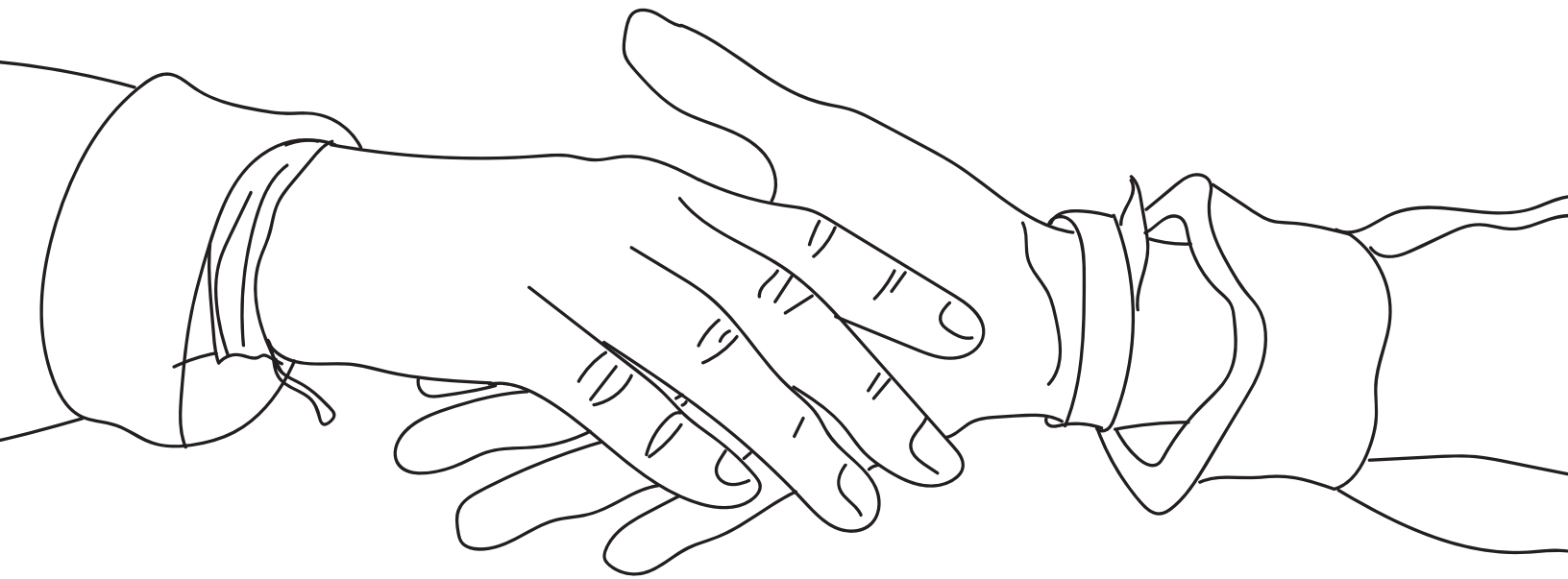


COLORING PAGES FOR ALL AGES

Sometimes it's nice to keep your hands busy while you watch a show! We created these Special Olympics Minnesota coloring pages to keep the whole family entertained!



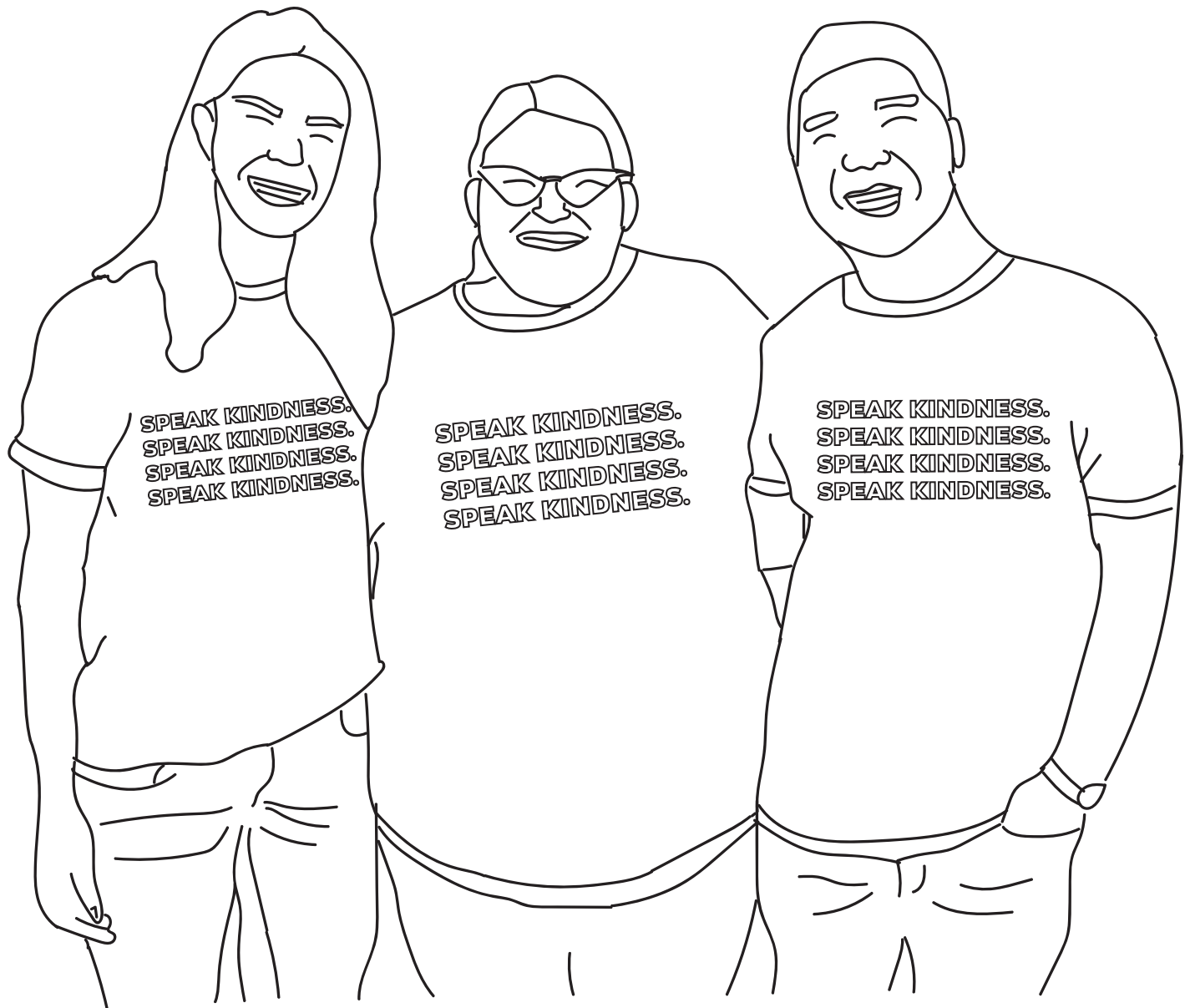
INCLUSION WILL
CHANGE THE
WORLD.



Special Olympics
Minnesota

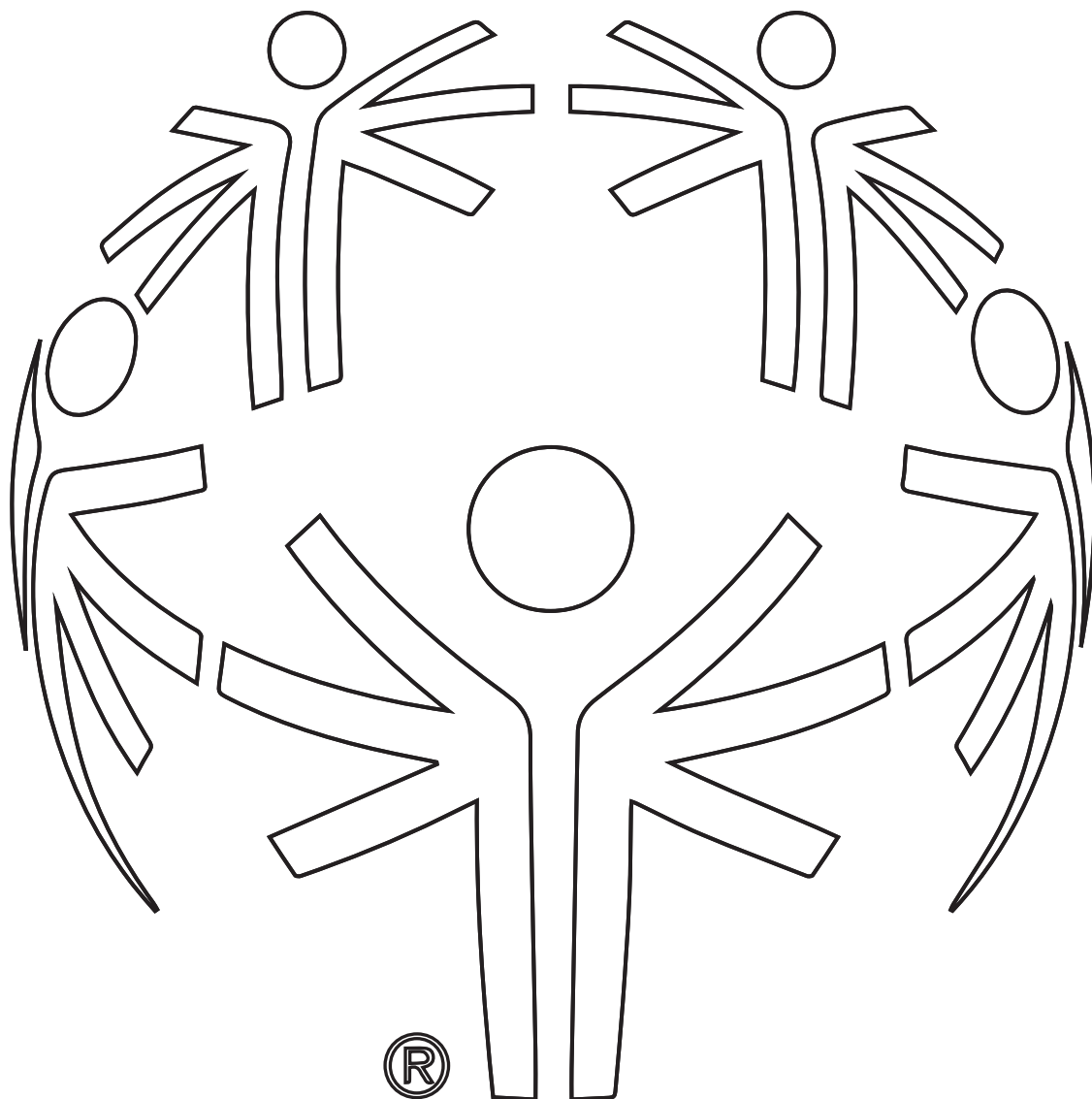


CULTIVATE KINDNESS



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BE A CHAMPION
OF INCLUSION

Special Olympics
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