



Bocce Guidelines

Practice Group

- Teams that are practicing are required to meet the SOMN coach ratio of 1 coach per 4 athletes. Coaches, Unified Partners and one on one staff count as part of the practice group.
- No parents or spectators within the practice area.
- Teams can have multiple practice sessions. It is recommended to stagger start times.
- If teams have multiple sessions, athletes should be assigned to a group or pod and stay with their group through the entire practice season.
- If teams have multiple sessions, have a designated area for equipment to return and be sanitized before the next session starts.
- If practicing in an open area, there should be at least 12 feet between groups.

Practice Guidelines & Safety Requirements

- COVID-19 screening protocol and checklist to be completed for each athlete/coach attending practice before practice starts.
- Masks always required, social distancing required, no yelling, no spitting.
- Practice bocce singles/modified singles-only.
- Coaches ratio is required to be met at each practice session, no parents within the practice area. Coaches count as part of the practice group size. If an athlete has a 1 on 1 staff that staff also counts towards the practice group size.
- Set up courts in advance. If setting up multiple courts, they should be set up at least 12 feet apart.
- No sharing of equipment, bocce balls. Athletes should gather their own bocce balls after each set.
 - Athletes bring their own water bottles.
 - No shared water bottles or water jugs allowed.
- The pallina should be sanitized between each set.
- Designate a spot (chair, cone, etc.) outside each end of the bocce pitch for the participant to stand and be distanced from the one whose turn it is.
- After the game is finished, all equipment should be sanitized.
- Bocce gameplay is the same, alternating shots until your ball is the closest, scoring/timing is the same.

How to Compete at Practice

- Singles
- Unified Doubles