



Special Olympics Minnesota Area 1 Track and Field

Facts at a Glance

DATE:	Wednesday, May 15, 2019
SPORT:	Track and Field
LOCATION:	Northland Community & Technical College MEC Center 1101 Hwy 1 Thief River Falls, MN 56701
REGISTRATION:	Registration will be open until midnight on Tuesday, April 30th! On-line registration! Web site: https://services.specialolympicsminnesota.org The registration web site can be accessed via HOD Resources on the following web site as well: specialolympicsminnesota.org . Please contact Dani Druse with any questions/problems at 763-270-7193 or dani.druse@somn.org .
RULES:	This competition shall be conducted in accordance with Special Olympics rules and guidelines outlined in the Special Olympics Minnesota Handbook for this sport.

Sport Specific Guidelines for Track & Field:

- An athlete can enter up to a total of four events, AS FOLLOWS: 3 individual events and 1 relay - OR - 2 individual events and 2 relays.
- As defined in the SOI Summer Sports Rules, the softball and tennis ball throw are developmental events designed to provide meaningful competition for athletes with lower abilities. Due to the large volume of athletes registered for these events who do not fit their intent and the resulting event management issues, athletes with qualifying scores of 15M and above will not be eligible to register for these events.
- Athletes may enter only one of the following events: shot put, softball throw or tennis ball throw.
- Athletes may enter only one of the following events: running long jump or standing long jump.
- Coaches' Certification will be enforced at this event. Please make sure you have the correct amount of certified coaches for the number of athletes your team plans to bring to this event.

Tentative Schedule

9:00 - 9:45 a.m	Delegation Registration
9:30 a.m.	Coaches Meeting-Location TBD
10:00 a.m.	Opening Ceremonies
10:15 a.m.	Competition Begins
12:00 p.m. – 2 p.m.	Lunch will be served
Awards	Awards will be presented immediately following each event

Tentative Order of Events (order subject to change due to registration)

1500M Walk	50M Motorized Wheelchair Slalom
1500M Run	50M Wheelchair Slalom
10M Walk - Device Assistance	100M Walk
10M Walk - Physical Assistance	100M Run
10M Wheelchair Race	100M Wheelchair Race
25M Motorized Wheelchair Race	100M Motorized Wheelchair Race
25M Wheelchair Race	200M Run
25M Motorized Wheelchair Obstacle	200M Walk
25M Walk	400M Walk
25M Walk - Device Assistance	400M Run
25M Walk - Physical Assistance	800M Walk
25M DASH - Physically Assisted	800M Run
25M DASH	4x100 Relay
30M Motorized Wheelchair Slalom	4x100 Unified Relay
30M Wheelchair Slalom	
50M Wheelchair Race	<u>FIELD EVENTS:</u>
50M Motorized Wheelchair Race	Standing Long Jump
50M Walk - Device Assistance	Running Long Jump
50M Walk - Physical Assistance	Tennis Ball Throw
50M Walk	Softball Throw
50M DASH	Shot Put
50M DASH - Physically Assisted	