



Special Olympics Minnesota Area 3 Gymnastics

Facts at a Glance

DATE:	Sunday, May 19 th , 2019
SPORT:	Gymnastics
LOCATION:	Twin Ports Gymnastics Center 3000 Hill Avenue Superior, WI 54880
FACILITY/PARKING:	Directions from Duluth: Drive over the Blatnic Bridge (I-535 / Hwy 53 South) toward Superior. At the bottom of the bridge, take the right exit. This exit will keep you on Hwy 2 and 53. At the first stop light, you'll see Perkins on your left. Continue to the SECOND stop light (18th street) and turn right. This street will become 28th street (no, we don't understand it either - but, trust us). Drive to the 1st stop light (Hill Avenue) and turn left (the Mariner Mall will be on your right). Drive about 2 blocks and the gym will be on your left.

REGISTRATION:

- Registration will be open until **midnight on Sunday, May 5th**!
- Online Registration Website: <https://services.specialolympicsminnesota.org/Default.aspx>
- The registration website can also be accessed via HOD Resources on the following website: specialolympicsminnesota.org
- If you need your username or password, please contact your HOD.
- If you have any other questions regarding registration, please contact Dani Druse at dani.druse@somn.org or 763-270-7193.

RULES:

This competition shall be conducted in accordance with Special Olympics rules and guidelines outlined in the Special Olympics Minnesota Handbook for this sport.

SPORT SPECIFIC GUIDELINES – GYMNASTICS:

- **Divisioning:** Athletes are assigned divisions based on gender, level, age group and ability. In some cases, athletes from consecutive age groups will be combined into the same division to provide for better competition for all athletes.

- **Levels:**
 - A
 - B
 - 1
 - 2
 - 3
 - 4

- **Scoring/Judging:** Each event is scored using the SOI Gymnastics Rules

- **Routines:**

ARTISTIC GYMNASTICS EVENTS:

Men's All Around

Men's Vault

Men's Floor Exercise

Women's All Around

Men's Horizontal Bar

Women's Balance Beam

Men's Parallel Bar

Women's Floor Exercise

Men's Pommel Horse

Women's Uneven Bars

Men's Ring

Women's Vault

RYTHMIC GYMNASTICS EVENTS:

All Around

Ball

Club

Hoop

Ribbon

Rope/Floor Exercise

Tentative Schedule

RHYTHMIC SCHEDULE

12:00 p.m.	Delegation Registration & Warm Ups
12:30 p.m.	Opening Ceremonies -
12:40 p.m.	Competition Begins
2:00 p.m.	Awards & Lunch

ARTISTIC SCHEDULE

1:45 p.m.	Delegation Registration & Warm Ups
2:15 p.m.	Opening Ceremonies -
2:30 p.m.	Competition Begins
3:30 p.m.	Awards & Lunch