



If you have a wart or your feet are itchy...



Call your foot doctor to make an appointment



Special Olympics



Skin Care



Special Olympics



1325 G Street, N.W., Suite 500
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Wash with soap and water



Dry thoroughly



If you get a blister...



Do not use an electric dryer on your feet



Apply powder...



Do not pop it...



Wear shoes to protect your feet



...to prevent smelly, sweaty feet



If your feet are sore...



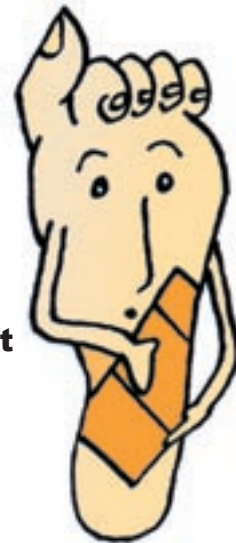
Are your feet dry?



Remember to moisturize



Protect it with a bandage to prevent infection



Soak them in Epsom salts

