

Special Olympics Minnesota UNIFIED JUNIORS

Unified Juniors is an extension of the Young Athletes program that focuses on a variety of sports specific skills that children can use in future sports team participation. Unified Juniors is for children ages 8-12 years old with and without intellectual disabilities.

We are Unified!

Children can attend this program if there is not a Special Olympics team in their area or they can join Unified Juniors in conjunction with a team.

Unified Juniors is meant to introduce children to the world of competitive sports in a gradual, fun and non-intimidating manner.

Participants will not only gain knowledge of Special Olympics sports but also the "Play Unified" movement.

Unified Juniors focuses on the following sports:

Athletics (Track & Field)	Poly Hockey
Aquatics	Soccer
Basketball	Softball
Flag Football	Tennis
	Volleyball

Inclusion is where change starts.

What better way to bring your special needs students and your traditional students together to learn skills that will go into their eventual sports participation? Whether as a Special Olympics athlete or Unified partner, Unified Juniors helps prepare children for the next step they take in their sports participation.

CONTACT

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Olympics**
Minnesota

